

Sant Gadge Baba Amravati University, Amravati

Department of Lifelong Learning

Attainmant

MA/PG Diploma Counseling & Psychotherapy Outcome

Programme code	Programme Name	Department
526		Department of Life Long Learning and Extension
	1. M.A. in counselling and psychotherapy	
	2. P.G. Diploma in counselling and psychotherapy	

Programme Outcome (Pos):

The M. A. In counselling and psychotherapy at Department of Life Long Learning and Extension in sant gadge baba Amravati University Started in 2017 aim to train student in counselling and psychotherapy wherein research and testing principles could be used to probe psychological problems. student learn how to deal with people facing severe mental illness and conditions that would require long term treatment carer and rehabilitation.

The programme develops client ability to establish and maintain relationship. Student in this programme trained to select administer score and interpret various types of psychological tools in research.

Programme specific outcomes (PSOs):

PSO1: Postgraduate students will be able to 1. Understand concept of abnormal psychology 2. Understand personality and developmental disorders.

PSO2: Postgraduate students will be able to gain fundamental knowledge of primary and advanced psychotherapy.

PSO3:students will be able to 1. Understand process of different fields of counselling. 2 understand teaching learning process.

PSO4: students will be able to 1. Understand fundamental knowledge of scientific methods and research. 2. Write research proposal, thesis, research paper etc...

PSO5: students will be able to Understand family problems and marital counselling.

PSO6: students will be able to gain fundamental knowledge of health problems and counselling.

PSO7: students will be able to Understand various facets of workplace counselling and evaluation of workplace counselling.

Course outcomes (Cos):

S.No	Name of the course	Course code	Course outcome
1.	Fundamentals of psychology	2811	<p>Student should be able to:</p> <ul style="list-style-type: none"> • Learn about conceptual understanding of the psychological foundation of human behaviour. • Learn diverse perceptive on the functioning of human behaviour. • Make possible links between various functions of the mind, emotion, learning etc... • Understand different psychological concepts.
2.	Human development and family relationships	2812	<p>Student should be able to:</p> <ul style="list-style-type: none"> • Learn about history of human development. • Understand different stages of human development. • Understand different challenges and hazards in different stages of human development. • Learn about theories of family life cycle.
3.	Psycho-diagnosis	2813	<p>Student should be able to:</p> <ul style="list-style-type: none"> • Understand basic of

			<p>psychological measurement.</p> <ul style="list-style-type: none"> • Understand scientific underlying to construction of psychological test. • Familiarize with psychological test and access basic function of the mind and behaviour. • Understand different types assessment measures.
4.	Fundamentals of counselling and fields of counselling	2814	<p>Student should be able to:</p> <ul style="list-style-type: none"> • Understand basic method of counselling. • Learn family therapy and its branches. • Gain the knowledge of various fields of counselling. • Understand various types of problems faced by industrial workers.
5.	Abnormal psychology	2821	<p>Student should be able to:</p> <ul style="list-style-type: none"> • Enhance academic interest about psychological illness and mental health. • To develop the skills so as to become a good psychology practitioner. • Awareness of mental illness and mental health in the surrounding area.
6	Psychotherapy-1	2822	<p>Student should be able to:</p> <ul style="list-style-type: none"> • Gain the knowledge of various psychotherapy and its basic procedure. • Understand effectiveness of specific psychotherapy in solution of particular problem. • Gain the knowledge of different psychotherapeutic skills.
7	Vocational guidance and	2823	Student should be able to:

	counselling		<ul style="list-style-type: none"> • Recognize differences among students. • Identify educational problems of students at different stages. • Administer and interpret different types of tests. • Help students with learning difficulties and social/emotional problems. • Prepare for the world of work.
8	Counselling skills and practices	2824	<p>Student should be able to:</p> <ul style="list-style-type: none"> • Learn how to use the skills in counselling session. • Improve counselling skills. • Use counselling skills to apply educational planning. • Articulate an understanding of their personal responsibility in creating their own academic, personal and professional success.
9	Abnormal psychology –II	2831	<p>Student should be able to:</p> <ul style="list-style-type: none"> • Understand concept of abnormality. • Understand basic knowledge of various classificatory systems of abnormality. • Understand the features of mental disorders and their causative factors.
10	Psychotherapy- II	2832	<p>Student should be able to:</p> <ul style="list-style-type: none"> • Learn primary and advanced psychotherapy. • Gain the knowledge of implementation of psychotherapy. • Gain the knowledge of psychotherapies for various disorders and life circles.

11	Child, adolescent and parental counselling	2833	<p>Student should be able to:</p> <ul style="list-style-type: none"> • Understand basic knowledge of Child, adolescent and parental counselling. • Learn the parental attachment, family structure and parental style. • Understand the process of educational counselling.
12	Social research, statistics and computer application	2834	<p>Student should be able to:</p> <ul style="list-style-type: none"> • Understand different statistical method with their use and interpretation. • Develop the computational skills. • Analyze the data of practical and project work. • Understand basic research concepts. • Understand steps in research process. • Preparing research proposals and writing research report.
13	Family and marital counselling	2836	<p>Student should be able to:</p> <ul style="list-style-type: none"> • Understand distinguish changes in society which have shaken and impacted the family and marriage. • Relate what happens in the counselling process. • Propose unhelpful responses that the counsellor should guard against.
14	Health counselling	2837	<p>Student should be able to:</p> <ul style="list-style-type: none"> • Understand relation between psychology and behaviour medicine. • Gain the knowledge of medical treatment for medical disorder.

			<ul style="list-style-type: none"> • Understand assessment process of health counselling.
15	Workplace counselling	2838	<p>Student should be able to:</p> <ul style="list-style-type: none"> • Understand structure of workplace counselling. • Gain the knowledge of implementation of the ideology coming in counselling. • Understand evaluation of workplace counselling. • Understand importance of workplace counselling and analyze different models of counselling.

Sant Gadge Baba Amravati University
Department of Lifelong Learning & Extension
COURSE : POST GRADUATE DIPLOMA IN YOGA THERAPY

**ATTAINMENT OF PROGRAMME OUTCOMES,
PROGRAMME SPECIFIC OUTCOMES AND COURSE OUTCOMES**

Attainments of POs, PSOs & COs

- Internal Assessment, Semester Examinations & Unit Test (For Cos)
- Class Seminar, Group Discussion, Problem solving Exercise (For Cos)
- Poster, Models, Communication ability & Marks scored by students in University exams (For Cos)
- Participation in Subject related Co-curriculum, Extra co-curriculum activity like G.D. Seminar (For PSOs)
- Project work, Field Trips, Debates, cultural activities (For PSOs)
- Student Performance throughout the degree program, achievements of the students in social and personal life (For Pos)

Outcomes

- Student strength increased.
- University result increased.
- No. of First division students increased.
- No. of Distinction student increased.
- P. G. students increased.

The program specific outcomes (PSOs)

PSOs evaluated on the basis of the performance of students in the national & International level Inter college competitions.

The performance in Interviews & placement obtained gives a clear picture of knowledge the performance in Interviews successfully the P.G. Program in yoga. Above all the P. G. program in yoga . Above are the happiness and positive feedback of the alumni testifies the achievement of the pregame specific outcome.

Sant Gadge Baba Amravati University

Department of Lifelong Learning & Extension

Course Name:- M.A. Lifelong Learning & Extension

Session 2019-20

Attainment of Program

Program Outcomes	Program Specific Outcomes	Course Outcomes
<p>1) To get essential skills, training which will be enable students to develop the setup for Lifelong Learning center as the learning services for community.</p> <p>2) To equip students in the padology of Lifelong Learning.</p> <p>3) To design and develop E-learning course content.</p> <p>4) To develop and understanding of knowledge structure and function of Lifelong Learning.</p> <p>5) To undertake research in the field of Lifelong Learning.</p>	<p>1) To understand history of Adult Education.</p> <p>2) Better result.</p> <p>3) Improvement student's communication skills.</p> <p>4) Improvement of leadership in students.</p> <p>5) To develop professional for effective participation in community.</p> <p>6) To exploit ICT facilities for co-operative and constructive learning environment.</p>	<p>1) High marks in internal assessment.</p> <p>2) Better result in university examination.</p> <p>3) Performance in seminar and assignment.</p> <p>4) Understand extension education as discipline and its relation with other social sciences.</p> <p>5) Quality of project work.</p> <p>6) Quality of performance in vivo-voice.</p> <p>7) Help to solve social problems.</p> <p>8) Contribute to develop backward Community.</p>

- This course started form session 2019-20 , so no any batch Pass out.